

# Client Resource List

## About KOMAK

kOMAK is a Portland-based nonprofit dedicated to providing immediate and interim financial support to working-age individuals undergoing cancer treatment. Beyond financial help, we also connect patients and families with community resources that ease the challenges of daily life during treatment.

## What is the Client Resource List about?

This Client Resource List is created to gather trusted programs and services in one place. The interactive version is available at [www.komakcares.org](http://www.komakcares.org), where patients and caregivers can download the list, explore categories, and click directly on responsive links to learn more or connect with each resource. By making this information easy to access, KOMAK hopes to reduce the stress of searching for help so patients can focus on healing and recovery.

Please share any additional resources with us at [info@komakcares.org](mailto:info@komakcares.org) to help KOMAK keep this list updated for others.



Area of Work or Support Area	Foundation or Organization	Support Resources	Mission	Website	Contact Email	Contact Phone & Address
Activity	Catch 22 Dragon Boat Team	Dragon boat team for breast cancer survivors, practicing on Vancouver Lake.		<a href="#">VancouverLakeDragonBoating</a>		
Cancer Specific	Pink Financial Aid Program	Opportunity for Marion and Polk County Breast Cancer patients		<a href="#">www.NWFS.org</a>	eramirez@nws.org	971-331-1762
	OHSU	Prostate Cancer Support Group	Men affected by prostate cancer can find counseling, emotional support, information and a chance to meet others.	<a href="#">ohsu.edu/knight-cancer-institute/cancer-education-and-support-groups</a>		
	Pink Lemonade Project	Jill's Book Bank	Free books for children, families, and adults to discuss a breast cancer diagnosis	<a href="#">pinklemonadeproject.org</a>	programs@pinklemonadeproject.org	360-952-3814
		Peer Support Groups	Zest for those diagnosed at a younger age; Limoncello for women of all ages			
		Pink Peers Mentor Program	Trained peer mentors			
		Pink Link	education, craft, and wellness activities			
		Pink Practicalities and Holiday Glow	financial assistance			
		Revive Retreats	oncology social worker-led retreats for those at least one year past treatment			
		Treatment Access Program	financial aid for those with travel needs to treatment			
		Various support groups	Support group for breast cancer survivors, facilitated by oncology social workers, with one session in Spanish.			
		Virtually Pink	online education, craft, and wellness events; view past events at <a href="#">bit.lyVirtuallyPink</a>			
	Compass Oncology	Personalized and compassionate care environment for patients and families	Support group for cancer patients and survivors ages 21–40, facilitated by two oncology social workers. First Wednesday of each month from 5:30-7:00pm	<a href="#">compassoncolory.com</a>	To register, email Katie Wheeler (katie.wheeler@compassoncology.com) or Val Lanham (val.lanham@compassoncology.com).	360-449-6531.

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Cancer Specific	Ovarian Cancer Alliance of Oregon & SW Washington	Offers awareness, education, and support for women with ovarian cancer.		<a href="http://ovariancancerosw.org/find-support/events/">ovariancancerosw.org/find-support/events/</a>		
	211 info	help people across oregon and SW washington identify, navigate, and connect with local resources		<a href="http://211info.org">211info.org</a>		Dial 2-1-1
	Asian Cancer Resource & Support Services Center	(a division of asian health & service center)	Breast cancer navigation – Vietnamese, Cantonese, Mandarin, Korean; counseling, peer support, groups, education, health talks, reflection garden, resource library.	<a href="http://ahscpdx.org">ahscpdx.org</a>		503-772-5847
	Komen Treatment Assistance Program			<a href="https://www.komen.org/financial-assistance-program/">https://www.komen.org/financial-assistance-program/</a>		
	Northwest Sarcoma Foundation	United Sarcoma Community		<a href="http://nwsarcoma.org">nwsarcoma.org</a>		
	Rockwood CDC	East County Breast Cancer Prevention		<a href="http://rockwoodcdc.org/programs">rockwoodcdc.org/programs</a>		
Care	Love INC			<a href="http://loveinc-tts.org">loveinc-tts.org</a>		

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Communities of Color	Center for African Health and Education			<a href="http://centerforafricanhealthedu.org/contact">centerforafricanhealthedu.org/contact</a>		
	Centro Cultural de Condado de Washington	Route toward cancer prevention		<a href="http://centrocultural.org/resources">centrocultural.org/resources</a>		
	Adventist health portland	East African Community Cancer Needs Assessment and Solutions		<a href="http://adventisthealth.org/portland">adventisthealth.org/portland</a>		
	Centro de Servicios Para Campesinos	Farmworker Cancer Prevention Project, Addressing Access to OHP/Healthcare Providers		<a href="http://immigrationadvocates.org/nonprofit/legaldirectory">immigrationadvocates.org/nonprofit/legaldirectory</a>		
	Asian Health and Service center	asian diet & cancer		<a href="http://ahscpdx.org">ahscpdx.org</a>		
	Micronesian Islander Community	Needs Assessment of cancer within the micronesian islander community		<a href="http://micoregon.org/EmpoweringMicronesian">micoregon.org/EmpoweringMicronesian</a>		
	APANO	Community action model to reduce cervical cancer in Vietnamese women.		<a href="http://apano.org">apano.org</a>		
	Adelante Mujeres	Assessing the need for cancer prevention through nutrition in the Latino community in Washington county		<a href="http://adelantemujeres.org/see-all-programs">adelantemujeres.org/see-all-programs</a>		
	UKANDU	Camp UKANDU Teen Program -- Year Round Camps & Retreats		<a href="http://ukandu.org">ukandu.org</a>		
	Familias en Acción	Un abrazo para la Familia: An evidence based cancer education program for low income latinos		<a href="http://familiasenaccion.org/programs">familiasenaccion.org/programs</a>		
Community Equity	Pacific Refugee Support Group	Pacific Refugee Cancer Data Project		<a href="http://pnwrsg.org">pnwrsg.org</a>		
	Access Care Anywhere	cancer community assessment & research equity (CARE) project		<a href="http://accesscareanywhere.org">accesscareanywhere.org</a>		
Counseling	Legacy Health - Legacy good samaritan medical center	Offers hospital and outpatient cancer care, plus support services like survivorship and nutrition counseling.		<a href="http://legacyhealth.org/Services-and-Resources/services/adult/cancer-institute">legacyhealth.org/Services-and-Resources/services/adult/cancer-institute</a>		503-413 - 8050 , 1015 NW 22nd Avenue Portland, OR 97210
Culture Specific	Ukrainian Foundation	Enhancing cancer awareness and annual healthy living symposium		<a href="http://ukrainian.foundation/about-us">ukrainian.foundation/about-us</a>		
	Slavic Community Center of NW / Adventist Health	slavic community cancer needs assessment and solutions		<a href="http://sccofnw.org">sccofnw.org</a>		

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Emotional Support	Imerman Angels	One-on-one Cancer Support Community	We provide free, personalized one-on-one cancer support for cancer fighters, survivors, previvors and caregivers.	<a href="http://imermanangels.org/find-mentor-angel">imermanangels.org/find-mentor-angel</a>		
Financial Assistance	Needy Meds	search for a drug alphabetically by brand or generic name to find out if it is available through a patient assistance program. You can check the list of nearly 400 programs and companies.		<a href="http://needymeds.org">needymeds.org</a>	<a href="mailto:helpline@needymeds.org">helpline@needymeds.org</a>	1-800-503-6897
	Oregon Prescription Drug Program			<a href="#">Oregon State Cancer Registry (OSCaR)</a>		503-580-9928
	National organization for Rare Disorders			<a href="http://rarediseases.org">rarediseases.org</a>		1-800-999-6673
	The Leukemia & Lymphoma Society	Co-Pay Assistance Program & to help pay premiums		<a href="http://bloodcancerunited.org">bloodcancerunited.org</a>		1-877-557-2672
	Community Action Program	Help keep families together and cover (rent, utilities) - varies depending on county		<a href="http://caowash.org">caowash.org</a>		
	Family Health Insurance Assistance Program	Helps with monthly premiums		<a href="http://rxresource.org/prescription-assistance">rxresource.org/prescription-assistance</a>	<a href="#">Group Insurance Information form</a>	1-888-564-9669
	United Way			<a href="http://unitedway.org">unitedway.org</a>		
	CancerCare Co-Payment Assistance Foundation			<a href="http://cancercare.org/copayfoundation">cancercare.org/copayfoundation</a>	<a href="mailto:information@cancercarecopay.org">information@cancercarecopay.org</a> <a href="mailto:info@cancercare.org">info@cancercare.org</a>	866-552-6729
	Michelles' Love	For single parents undergoing cancer treatment	Free home cleaning, financial aid (rent, utilities), meal delivery, and will assistance.	<a href="http://michelleslove.org">michelleslove.org</a>		
	Paid Leave Oregon	Paid time off to care for yourself or loved ones during lifes important moments		<a href="http://paidleave.oregon.gov/employees">paidleave.oregon.gov/employees</a>	<a href="mailto:Paidleave@oregon.gov">Paidleave@oregon.gov</a>	833-854-0166

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Food Assistance	Food Bank through St. Vincent de Paul Society			<a href="http://svdppdx.org/food">svdppdx.org/food</a>		503-235-8431, 488 NW 9th Ave Canby, OR
Housing Assistance	Independent Living Resources	Assessment and Education Reducing Disability Disparaties in Cancer Screening and Prevention		<a href="http://ilr.org">ilr.org</a>		
	Urban League of Portland	Conquering Cancer Campaign (educating the community for change)		<a href="http://ulpdx.org/programs/housing-assistance">ulpdx.org/programs/housing-assistance</a>		
Indigenous Communities	Native American Youth and Family Center	cancer prevention through relating cultural teachings to the four foundations		<a href="http://nayapdx.org/services/critical-services/housing">nayapdx.org/services/critical-services/housing</a>		
Mortgage Relief	Pandemic Mortgage Assistance Program			<a href="http://oregonhomeownerhelp.org/path-one">oregonhomeownerhelp.org/path-one</a>		
Nutrition/Culture Specific	Friends of Zenger Farm	Community Chefs: Cancer prevention through culturally appropriate, community led education, food access, and social support		<a href="http://zengerfarm.org">zengerfarm.org</a>		
Religious Service	Togo Community Organization of Oregon	Education on Cancer Symptoms, Risk Factors and Early Detection		<a href="http://togocore.org/index.html">togocore.org/index.html</a>		
Rent & Utility	Catholic Charities ... St. Vincent de Paul Society			<a href="http://catholiccharitiesoregon.org/contact">catholiccharitiesoregon.org/contact</a>		503-231-4866
	Utility Assistance - Our Just Future			<a href="http://ourjustfuture.org/services/utility-assistance">ourjustfuture.org/services/utility-assistance</a>		503-405-7877
	Resources - Multnomah County			<a href="http://multco.us/info/housing-resources">multco.us/info/housing-resources</a>		503-988-6000
Veteran Aid	VA Portland	At VA Portland, we provide many support services to help you understand your diagnosis, make informed choices about your treatment options, and identify your goals of care to create a personal care plan that will promote the best possible outcomes.		<a href="http://va.gov/portland-health-care/programs/cancer-care-services/cancer-care-support-services">va.gov/portland-health-care/programs/cancer-care-services/cancer-care-support-services</a>		information varies on website

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Wellness	OHSU	Gentle Yoga for Healing from Cancer		<a href="https://ohsu.edu/knight-cancer-institute/cancer-education-and-support-groups">ohsu.edu/knight-cancer-institute/cancer-education-and-support-groups</a>		
	OHSU	Mindfulness Breath by Breath		<a href="https://ohsu.edu/mindfulness/mindfulness-breath-breath-class">ohsu.edu/mindfulness/mindfulness-breath-breath-class</a>		
	Be inspired to Grow: Health & Wellness Coaching	Katrin Fink, certified wellness coach, supports cancer survivors in making positive lifestyle and behavior changes for better health.		<a href="https://beinspiredtogrow.com">beinspiredtogrow.com</a>		503-686-0379
	Be inspired to Grow: Health & Wellness Coaching	Resources for grieving children, teens, young adults, families, supporters, and counselors.		<a href="https://dougy.org/grief-support-resources">dougy.org/grief-support-resources</a>	help@dougy.org	503-775-5683
	Fighting Pretty	Strength & Beauty kits for those in treatment, plus custom packages and a private Fighting Pretty Facebook group.		<a href="https://fightingpretty.org">fightingpretty.org</a> (note: local resource that will mail nationally)		503-954-1467
	Just Like a Woman	Retail store with mastectomy, lingerie, and compression needs		<a href="https://justlikeawoman.com">justlikeawoman.com</a>		503-246-7000
	Sunrise Daisy Retreat	Step It Up! Sunrise Daisy Retreat supporting cancer survivors' thriving and resiliency.		<a href="https://sunriseretreat.org/2025-program">sunriseretreat.org/2025-program</a>		