

Client Resource List

About KOMAK

KOMAK is a Portland-based nonprofit dedicated to providing immediate and interim financial support to working-age individuals undergoing cancer treatment. Beyond financial help, we also connect patients and families with community resources that ease the challenges of daily life during treatment.

What is the Client Resource List about?

This Client Resource List is created to gather trusted programs and services in one place. The interactive version is available at www.komakcares.org, where patients and caregivers can download the list, explore categories, and click directly on responsive links to learn more or connect with each resource. By making this information easy to access, KOMAK hopes to reduce the stress of searching for help so patients can focus on healing and recovery. The American Cancer Society provides a wide range of services to support patients and families, including financial aid, transportation, lodging, and caregiver assistance. Their 24/7 Helpline (1-800-227-2345) connects you with trained cancer specialists who offer reliable information and compassionate support. Visit cancer.findhelp.com to explore available programs and local resources. The following pages include additional organizations and programs offering guidance and support for individuals and families throughout the cancer treatment journey.

Please share any additional resources with us at info@komakcares.org to help KOMAK keep this list updated for others.



Area of Work or Support Area	Foundation or Organization	Support Resources	Mission	Website	Contact Email	Contact Phone & Address
Activity	Catch 22 Dragon Boat Team	Dragon boat team for breast cancer survivors, practicing on Vancouver Lake.		VancouverLakeDragonBoating		
Cancer Specific	Pink Financial Aid Program	Opportunity for Marion and Polk County Breast Cancer patients		www.NWFS.org	eramirez@nws.org	971-331-1762
	OHSU	Prostate Cancer Support Group	Men affected by prostate cancer can find counseling, emotional support, information and a chance to meet others.	ohsu.edu/knight-cancer-institute/cancer-education-and-support-groups		
	Pink Lemonade Project	Jill's Book Bank	Free books for children, families, and adults to discuss a breast cancer diagnosis	pinklemonadeproject.org	programs@pinklemonadeproject.org	360-952-3814
		Peer Support Groups	Zest for those diagnosed at a younger age; Limoncello for women of all ages			
		Pink Peers Mentor Program	Trained peer mentors			
		Pink Link	Education, craft, and wellness activities			
		Pink Practicalities and Holiday Glow	Financial assistance			
		Revive Retreats	Oncology social worker-led retreats for those at least one year past treatment			
		Treatment Access Program	Financial aid for those with travel needs to treatment			
		Various support groups	Support group for breast cancer survivors, facilitated by oncology social workers, with one session in Spanish.			
		Virtually Pink	Online education, craft, and wellness events; view past events at bit.lyVirtuallyPink			
	Compass Oncology	Personalized and compassionate care environment for patients and families	Support group for cancer patients and survivors ages 21–40, facilitated by two oncology social workers. First Wednesday of each month from 5:30-7:00pm	compassoncolory.com	To register, email Katie Wheeler (katie.wheeler@compassoncology.com) or Val Lanham (val.lanham@compassoncology.com).	360-449-6531.

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Cancer Specific	Ovarian Cancer Alliance of Oregon & SW Washington	Offers awareness, education, and support for women with ovarian cancer.		ovariancancerosw.org/find-support/events/		
	211 info	Help people across oregon and SW washington identify, navigate, and connect with local resources		211info.org		Dial 2-1-1
	Asian Cancer Resource & Support Services Center	(A division of Asian health & service center)	Breast cancer navigation – Vietnamese, Cantonese, Mandarin, Korean; counseling, peer support, groups, education, health talks, reflection garden, resource library.	ahscpdx.org		503-772-5847
	Komen Treatment Assistance Program			https://www.komen.org/financial-assistance-program/		
	Northwest Sarcoma Foundation	United Sarcoma Community		nwsarcoma.org		
	Rockwood CDC	East County Breast Cancer Prevention		rockwoodcdc.org/programs		
Care	Love INC			loveinc-tts.org		

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Communities of Color	Center for African Health and Education			centerforafricanhealthedu.org/contact		
	Centro Cultural de Condado de Washington	Route toward cancer prevention		centrocultural.org/resources		
	Adventist health portland	East African Community Cancer Needs Assessment and Solutions		adventisthealth.org/portland		
	Centro de Servicios Para Campesinos	Farmworker Cancer Prevention Project, Addressing Access to OHP/Healthcare Providers		immigrationadvocates.org/nonprofit/legaldirectory		
	Asian Health and Service center	Asian diet & cancer		ahscpdx.org		
	Micronesian Islander Community	Needs Assessment of cancer within the micronesian islander community		micoregon.org/EmpoweringMicronesian		
	APANO	Community action model to reduce cervical cancer in Vietnamese women.		apano.org		
	Adelante Mujeres	Assessing the need for cancer prevention through nutrition in the Latino community in Washington county		adelantemujeres.org/see-all-programs		
	UKANDU	Camp UKANDU Teen Program -- Year Round Camps & Retreats		ukandu.org		
	Familias en Acción	Un abrazo para la Familia: An evidence based cancer education program for low income latinos		familiasenaccion.org/programs		
Community Equity	Pacific Refugee Support Group	Pacific Refugee Cancer Data Project		pnwrsg.org		
	Access Care Anywhere	Cancer community assessment & research equity (CARE) project		accesscareanywhere.org		
Counseling	Legacy Health - Legacy good samaritan medical center	Offers hospital and outpatient cancer care, plus support services like survivorship and nutrition counseling.		legacyhealth.org/Services-and-Resources/services/adult/cancer-institute		503-413 - 8050 , 1015 NW 22nd Avenue Portland, OR 97210
Culture Specific	Ukrainian Foundation	Enhancing cancer awareness and annual healthy living symposium		ukrainian.foundation/about-us		
	Slavic Community Center of NW / Adventist Health	Slavic community cancer needs assessment and solutions		sccofnw.org		

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Emotional Support	Imerman Angels	One-on-one Cancer Support Community	We provide free, personalized one-on-one cancer support for cancer fighters, survivors, previvors and caregivers.	imermanangels.org/find-mentor-angel		
Financial Assistance	Needy Meds	Search for a drug alphabetically by brand or generic name to find out if it is available through a patient assistance program. You can check the list of nearly 400 programs and companies.		needymeds.org	helpline@needymeds.org	1-800-503-6897
	Oregon Prescription Drug Program			Oregon State Cancer Registry (OSCaR)		503-580-9928
	National organization for Rare Disorders			rarediseases.org		1-800-999-6673
	The Leukemia & Lymphoma Society	Co-Pay Assistance Program & to help pay premiums		bloodcancerunited.org		1-877-557-2672
	Community Action Program	Help keep families together and cover (rent, utilities) - varies depending on county		caowash.org		
	Family Health Insurance Assistance Program	Helps with monthly premiums		rxresource.org/prescription-assistance	Group Insurance Information form	1-888-564-9669
	United Way			unitedway.org		
	CancerCare Co-Payment Assistance Foundation			cancercare.org/copayfoundation	information@cancercarecopay.org info@cancercare.org	866-552-6729
	Michelles' Love	For single parents undergoing cancer treatment	Free home cleaning, financial aid (rent, utilities), meal delivery, and will assistance.	michelleslove.org		
	Paid Leave Oregon	Paid time off to care for yourself or loved ones during lifes important moments		paidleave.oregon.gov/employees	Paidleave@oregon.gov	833-854-0166

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Food Assistance	Food Bank through St. Vincent de Paul Society			svdppdx.org/food		503-235-8431, 488 NW 9th Ave Canby, OR
Housing Assistance	Independent Living Resources	Assessment and Education Reducing Disability Disparities in Cancer Screening and Prevention		ilr.org		
	Urban League of Portland	Conquering Cancer Campaign (educating the community for change)		ulpdx.org/programs/housing-assistance		
Indigenous Communities	Native American Youth and Family Center	Cancer prevention through relating cultural teachings to the four foundations		nayapdx.org/services/critical-services/housing		
Mortgage Relief	Pandemic Mortgage Assistance Program			oregonhomeownerhelp.org/path-one		
Nutrition/Culture Specific	Friends of Zenger Farm	Community Chefs: Cancer prevention through culturally appropriate, community led education, food access, and social support		zengerfarm.org		
Religious Service	Togo Community Organization of Oregon	Education on Cancer Symptoms, Risk Factors and Early Detection		togocore.org/index.html		
Rent & Utility	Catholic Charities ... St. Vincent de Paul Society			catholiccharitiesoregon.org/contact		503-231-4866
	Utility Assistance - Our Just Future			ourjustfuture.org/services/utility-assistance		503-405-7877
	Resources - Multnomah County			multco.us/info/housing-resources		503-988-6000
Veteran Aid	VA Portland	At VA Portland, we provide many support services to help you understand your diagnosis, make informed choices about your treatment options, and identify your goals of care to create a personal care plan that will promote the best possible outcomes.		va.gov/portland-health-care/programs/cancer-care-services/cancer-care-support-services		information varies on website

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Wellness	OHSU	Gentle Yoga for Healing from Cancer		ohsu.edu/knight-cancer-institute/cancer-education-and-support-groups		
	OHSU	Mindfulness Breath by Breath		ohsu.edu/mindfulness/mindfulness-breath-breath-class		
	Be inspired to Grow: Health & Wellness Coaching	Katrin Fink, certified wellness coach, supports cancer survivors in making positive lifestyle and behavior changes for better health.		beinspiredtogrow.com		503-686-0379
	Be inspired to Grow: Health & Wellness Coaching	Resources for grieving children, teens, young adults, families, supporters, and counselors.		dougys.org/grief-support-resources	help@dougys.org	503-775-5683
	Fighting Pretty	Strength & Beauty kits for those in treatment, plus custom packages and a private Fighting Pretty Facebook group.		fightingpretty.org (note: local resource that will mail nationally)		503-954-1467
	Just Like a Woman	Retail store with mastectomy, lingerie, and compression needs		justlikeawoman.com		503-246-7000
	Sunrise Daisy Retreat	Step It Up! Sunrise Daisy Retreat supporting cancer survivors' thriving and resiliency.		sunriseretreat.org/2025-program		
Relief from Paperwork	ASSIST	ASSIST helps cancer patients handle the stress of disability benefits, financial aid, and paperwork. From applications to appeals, they guide you step by step so you can focus on your health while getting the support you need.		programassist.org		