

Komak's 1st Annual

World's Easiest & Most Fun Cancer Charity Race

PICK YOUR DAY TO DO A 0.1K

How far is 0.1K anyway?
It's about 328 feet!
That's just about how
many patients Komak has
helped over the years!
Take a step for each patient!



It doesn't matter how you complete your 0.1K — walk it, hike it, bike it, backwards, forwards, alone or as a team. By land, or sea, or anything in between. The sky's the limit!

Video your endeavor and upload it to the Komak Facebook page to be eligible for Prizes!

Be Creative! Make it Fun! Spread the Word!

Proceeds benefit Komak's work with local families afflicted with cancer and unable to work. Your small steps can help make big strides in healing!



Help Komak raise money for cancer patients in need of funds for rent, food, utilities, gas and other daily living expenses.

It only takes 328 steps!

Go to <http://www.komakcares.org> to register and learn more about Komak's mission.



1. SIGN UP

Go to <http://www.komakcares.org>



2. SHARE

Challenge your friends, family and co-workers, spread the word!

3. COMPETE

Complete your 0.1K anytime in October on your own time in a safe place.

4. VIDEO

Video your race and upload to the Komak Facebook page.



Race starts October 1–October 31, 2020